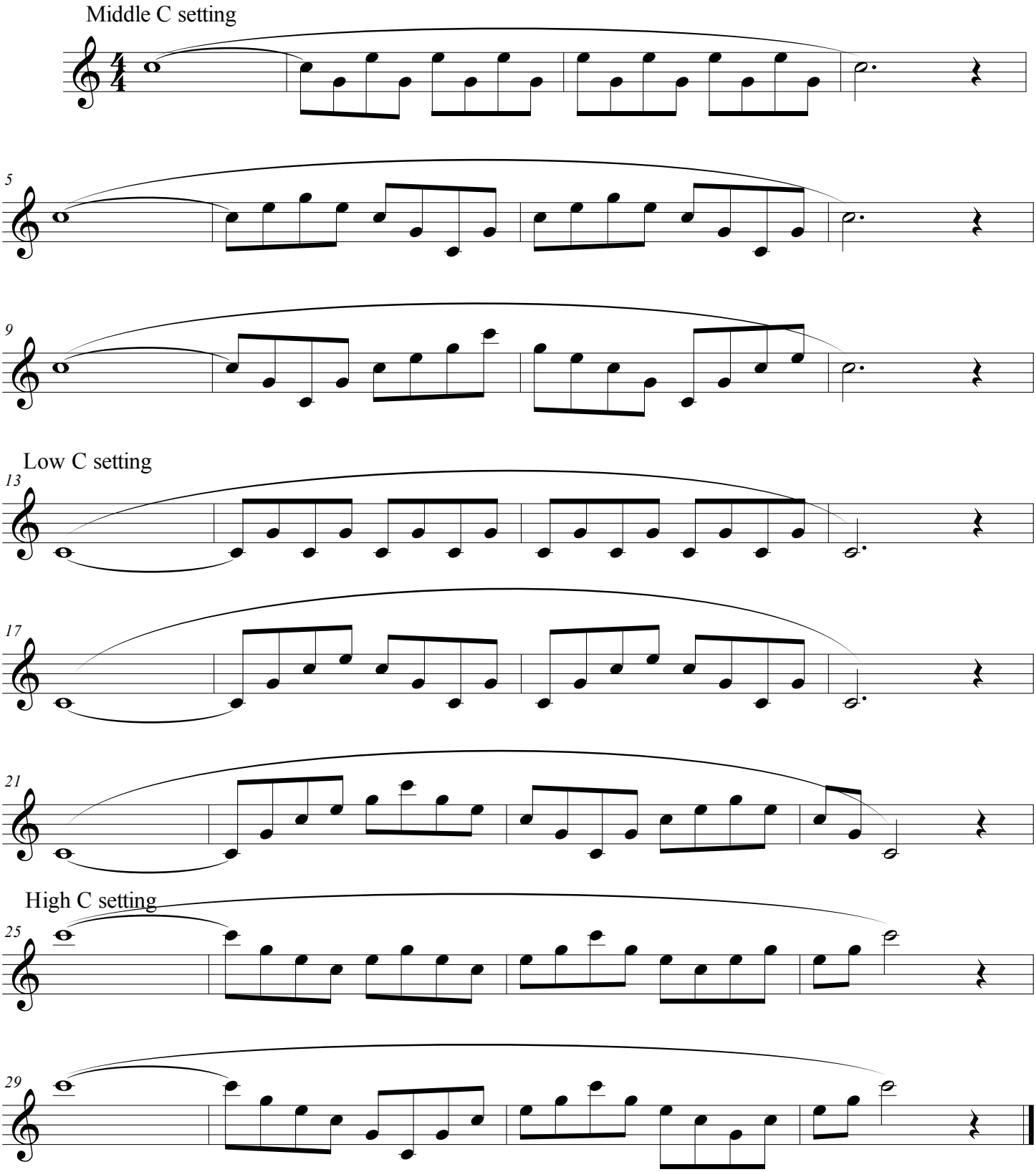Middle "C" Setting Exercise